To Our Dear Friends,

We hope this finds you well and enjoying the wonderful days of this season.

Summer brings so many opportunities: sitting outside in the fresh air, feeling the warm sun on your skin and enjoying gardens full of vibrant blooms. We hope that you can enjoy these glorious moments of summer and the memories that bring appreciation and pleasure.

In these pages, you’ll learn about some of the activities we support to enhance your health and well-being. We also highlight projects we’ve initiated so that people around the world — and importantly the future generations — will remember the victims of the Shoah and the survivors as well as the world you knew before the Holocaust. We are turning to new technology and new media to provide the best support to meet your needs and to keep the memory of the Shoah alive through education.

Please continue to take good care of yourselves. Keep up with your physician’s care plans about vaccinations and other precautions. On these warm days, be sure to stay hydrated and use sunscreen. If you are able, take a walk outside with family, friends or your caregivers, avoiding the hottest times of day. Walking has been shown to not only improve fitness but also boost your mood and creativity, reduce stress and even enhance brain function.

As we write to you, we continue our efforts to help vulnerable Holocaust survivors in Ukraine and...

Continued on following page
elsewhere with urgent aid in cooperation with other Jewish organizations on the ground. We are pleased to report that we recently concluded our negotiations for this year with the German Federal Ministry of Finance on behalf of Holocaust survivors, resulting in additional funding for the Hardship Fund Supplemental program, ensuring that the program will continue through 2027. Further, we were able to secure additional funding for home care so that services will be available next year. If you are in need of aid, please contact the closest agency to you from the list found on page 14.

At every season of the year, we are grateful to you, the community of survivors and your families, for teaching us about resilience and strength. We wish you continued good health and much happiness ahead.

With our best wishes,

Gideon Taylor
President, Claims Conference

Greg Schneider
Executive Vice President, Claims Conference

recently the Claims Conference introduced a faster and more secure way for applicants to verify their identity, referred to as PANEEM. This new system replaces the old paper process that, for many survivors, was cumbersome and time-consuming as it required a visit to a notary. Verifying identity using PANEEM may be completed in just a few simple steps.

To complete the registration, applicants need a government-issued ID and their claim registration number. An expired ID may be used as well if it shows the date of birth.

If you have any questions, please call (+1 646 536 9100)
A lawyer by training, Hannah Rosenbaum is the deputy director for the Claims Conference’s Research, Education and Documentation (RED) department. She joined the Claims Conference more than 20 years ago. In her leadership role, she oversees grants distributed to more than 200 organizations in 33 countries. Among the many programs she is involved with are the Claims Conference film program, research and documentation programs, education outreach, the Kagan Fellowship and the University Partnership program. Her personal mission and department priority is to ensure the memory of Jewish victims of the Shoah, while creating a strong, global foundation for Holocaust research and education. Hannah lives with her family in New York.

What brought you to the Claims Conference?
I worked very briefly as a lawyer and wasn’t fulfilled with what I was doing. When I heard about a temporary position at the Claims Conference, I applied. And then I never left.

Do you come from a family of Holocaust survivors?
Yes, on both sides. My mother was born to Polish survivors. My father is a Hungarian child survivor. I had a close relationship with all my grandparents, who survived the Holocaust and lived in Europe. My parents came to New York after they were married, and I am a first-generation American. Almost all my aunts and uncles married children of survivors, and my parents’ circle of friends, when I was growing up, consisted mostly of people like themselves. In fact, in my childhood if someone wasn’t connected to survivors, that person was an anomaly.

What is the grants application process like?
We accept applications from all over the world. A committee of world-renowned experts vets each application. We have various committees for the different types of projects. We think of ourselves as a strategic partner of our grantees. We will also work with applicants to ensure that they have strong programs. We’ll often connect them with experts or other partners who have relevant materials or experience. In this way, we’re unique in our grantmaking because of the support we offer the applicants. We extend ourselves where we feel we are meeting critical needs. Once we make a grant, we monitor expenditures and program implementation.

The funds we receive from the German government funding come with specific funding guidelines. I am very grateful for the increased funding now available for research, education and documentation projects and the opportunities this offers, and I appreciate the historical accountability by Germany that these funds represent. With increased funding we have begun to engage with more proactive funding. For example, in Israel, we are helping Holocaust archives make the majority of their holdings available to scholars and the public online. We want to bring this effort to other parts of the world. So often, the documents tell a story (especially helpful in combatting Holocaust denial). But, documents sitting in a box in a darkened basement can’t help anybody.

I know that the Claims Conference worked with the German government to produce the recent film, “Reckonings,” and provided a grant for the 2015 Academy Award winner, “Son of Saul.” You must receive a lot of proposals for films. How do you make determinations about funding?
A film can educate but also offers the opportunity to open hearts and minds. We generally look for projects that will inform and spark dialogue and critical thinking. We fund different kinds of film — narrative and documentaries, short and long — and we enter at different stages of development and production. In our review to decide about funding, we must have some reason why it’s important to support a particular film, whether the film is documenting something unique and important to capture on film, perhaps because it brings awareness to an unknown story, or we think it might be a powerful educational tool or that it will be screened in places that are especially important for that subject. Often, the goal is to bring the subject to a new audience.

Claims Conference funding is also valued as a highly regarded stamp of approval. Our grants are also significant to recipients for their subsequent fundraising efforts and public
reception.

Do you fund book projects?

Book projects fall under the “R” in our title: Research. We fund scholarly research related to the Holocaust. We grant funds to institutions, not individuals. One example is the U.S. Holocaust Memorial Museum in Washington, D.C., where they are working on a comprehensive encyclopedia of the concentration camps and ghettos, a multi-volume reference work.

Why is this research so important?

Having a historically accurate record and safeguarding the evidence is critical to preserve the historical truth, which is the basis to ensure future generations have a clear understanding of what transpired. This work is especially important at a time of Holocaust distortion and serves as the foundation for education and awareness. Research on the Holocaust is also a medium to honor the memory of the victims and survivors. By preserving their testimonies and personal accounts, research ensures their rich histories, voices and suffering are not forgotten. For example, a record of a train deportation provides a name. It is our responsibility to remember these names and learn what we can about these individuals.

Can you describe your efforts and initiatives in the area of education?

Nothing I can say can fully describe the enthusiasm of being in a room with teachers exploring and discussing effective methods to bring the subject of the Shoah to students. It’s infectious to see how engaged they are and how important the material is to them. You have to be there to feel it, and it’s electrifying. There are amazing people in this field.

We invest in funding educator training programs. We believe that with well-trained teachers, there’s a multiplier effect. Our partners offer great pedagogical tools, as well as guidelines for teaching. We work with informal educators, day school teachers, public school teachers. We also support training programs for individuals who can play an important role in expanding Holocaust education, like school principals or career diplomats from around the world who learn about warning signs for genocide and crimes of mass atrocities.

Why is this work so important now?

There’s a paradox: As time goes on and we lose more and more survivors and memory recedes, it becomes more and more critical to educate current school children and adults.

In a previous generation, there often was a personal connection to the Holocaust and WWII. Today, many young people do not have that connection. Most young people do not know a survivor of the Holocaust or someone who fought in World War II. We have done surveys that show that the lack of knowledge of the Holocaust is worsening.

How do you make it relevant? How do you make a young person care? There are a lot of challenges in Holocaust education. There are less eyewitnesses, and increasing misinformation and distortion online is very prevalent. At the same time, the lessons we can learn from the Holocaust and apply today have never been more relevant. To name just a few, these include: confronting prejudice, hate and intolerance, protecting human rights, serving as a reminder of the evils of genocide and the need to prevent genocide and mass atrocities and promoting civic responsibility.

Are there other educational projects you’d like to mention?

My department also runs the Saul Kagan Fellowship Program, in which we provide fellowships to Ph.D. and post-doctoral students, who we believe will be the next cadre of leading scholars in this field. It’s a very prestigious and competitive program to get into. We also created the University Partnership program to address the lack of Holocaust education happening at the university level in Eastern Europe and the former Soviet Union. We fund the placement of qualified professors at select universities to teach bachelor’s and master’s degree level courses.

And what about the “D” – Documentation?

We spend time trying to make archives accessible to families of victims and survivors and also for researchers. Some archives are physically deteriorating, and papers are crumbling. The evidence needs to be preserved to safeguard the record and build a foundation for scholarly research and educational purposes. We also support exhibits, both permanent and traveling. Our newest area for funding is building awareness through new media. That’s where young people are, so we are trying to find different ways to reach them. We recently funded a campaign featuring the TikTok star Montana Tucker, whose grandparents are survivors.

The key is [that] there is no one medium that is going to reach everybody. We need to try to find that nexus where we can interest young people in the Holocaust and these really important questions and the lessons it raises.

Continued on page 8
DENTAL CARE FOR SENIORS

Don’t fall behind on your dental routine as you get older. You’ll still want your teeth in as good shape as possible to enjoy delicious meals.

Avoiding decay will also help you avoid the cost and discomfort of fillings, tooth extractions and replacements.

It’s important to see your dentist twice a year, said Dr. Janet Yellowitz, the director of geriatric dentistry at the University of Maryland School of Dentistry in Baltimore. In addition to checking for cavities and gum health, a key reason for the twice-yearly dental visits, Dr. Yellowitz said, is that older adults are also at risk for cancer of the mouth. Oral cancer can be seen by a dentist in its earliest stages when it can be treated but usually isn’t felt by a patient until the cancer has advanced to a more serious stage.

Don’t forget toothbrushing. Ask your dentist for help choosing a comfortable toothbrush, instructions on flossing and guidance on what toothpaste to use since there are so many on the market now.

“But don’t let that be a reason you delay your dental visits, since you can find that a small tooth problem can become a big one,” she said. “Reach out to friends and family, your doctor, support groups or a social worker for suggestions of a local dentist and make that appointment.”

Dr. Yellowitz reminds older adults and their caregivers that dental appointments are especially important for people with chronic health conditions such as heart disease or diabetes because tooth and gum disease can make those health conditions worse by increasing inflammation in the body.

SUN PROTECTION IS EVEN MORE IMPORTANT FOR OLDER ADULTS

Spending time outside has proven health benefits, including less stress and greater happiness. But you still have to protect yourself from the sun.

A recent study by researchers from the Centers for Disease Control and Prevention found that older adults often don’t pay attention to protecting their skin from the sun even though most cases of skin cancer are found in people 65 and older. “The head, neck, arms and lower legs are areas of the body that get a lot of day-to-day exposure to the sun,” said Anisha Patel, associate professor at University of Texas MD Anderson Cancer Center in Houston, in recently published guidance from the American Academy of Dermatology. “That continued exposure, even without an apparent sunburn, can lead to skin cancer if people do not properly protect themselves.”

Guidelines for sun protection year-round include:
- Stay in the shade, not the sun.
- Always use sunscreen.
- Wear a wide-brimmed hat.
- Wear clothing that covers your ankles and arms and shoes that cover your entire foot.
- Wear sunglasses with UV protection.

Dr. Henry W. Lim, former chair of the department of dermatology at Henry Ford Hospital in Detroit, said, “We encourage everyone to enjoy the outdoors, while protecting themselves from the sun’s dangerous UV rays.” For skin not covered by clothing, the American Academy of Dermatology strongly urges everyone to use sunscreen and has guidance for how to choose your sunscreen and how to apply it.

Sunscreen helps prevent skin cancer by protecting you from...
the sun’s harmful ultraviolet (UV) rays. The American Academy of Dermatology recommends that everyone use sunscreen that is called “broad spectrum,” which means it protects against both UVA and UVB rays, has a sun protection factor (SPF) of 30 or higher and is water resistant.

The AAD recommends that everyone apply sunscreen every day on any skin not covered by clothing if you are going to be outside — even on cloudy days because the sun’s rays can penetrate clouds. Put sunscreen on dry skin about 15 minutes before going outside. And don’t forget a lip balm with an SPF of 30 or higher.

Most adults need about a shot glass full of sunscreen to cover their body. Please make sure to apply to the tops of your feet, neck, ears and the top of your head.

When you are outdoors, reapply sunscreen every two hours or after swimming or perspiring.

FIRST AID KITS FOR SENIORS

All First Aid kits need emergency supplies such as bandages and scissors. But a kit for older adults also needs just a few specialized things.

Valerie Roth is a spokesperson for the American College of Emergency Physicians and a practicing emergency room physician in Illinois. Dr. Roth answered our questions about emergency first aid for older adults.

Q: What special items are needed in a First Aid kit for older adults?
A: Older adults have higher risk of falls and emergency kits should be tailored as such. Skin becomes more delicate as we age, and many elderly patients are on medications that increase the risk for bleeding. Besides regular Band-Aids, you should consider adding non-stick gauze, butterfly bandages, trauma pads (sometimes called ABD pads) for larger wounds, paper tape for sensitive skin, self-adhesive dressing for easy wound covering and compression, instant cold packs and gloves for the person applying the dressing. A pharmacist or clerk at a pharmacy can help you choose all these things or take the time to find them online and mail to you.

Q: How do you know when to go to the kit and when to call 911? What are the situations that call for self-care or care by a caregiver, and when not?
A: The home emergency kit treats minor wounds or skin tears that don’t bleed excessively and can be covered with a bandage without leaving any gaping wounds. If the injury is deep or extensive, may require stitches, is bleeding uncontrollably or if the person has sustained another serious injury, then it’s time to seek professional medical help at an urgent care or emergency department. For instance, if an older person falls and hits his or her head, even if the external injury seems minor, they should be taken to the Emergency Department immediately to prevent any internal damage.

Q: Can you address the most common emergencies and accidents in older adults and how they can take precautions?
A: According to the CDC, there are 36 million falls per year in adults 65 years and older. Preventing falls is the first step, and there are great resources on cdc.gov/stillgoing-strong for caregivers and patients. Have a plan for how a person can call for help if he or she falls, such as a life-alert wearable device or phone within easy reach.

Q: Do items expire that should be replaced in an emergency kit?
A: Yes, both oral (such as pain relievers) and topical medications (such as antibiotic cream) will expire. It is important to check these dates and replace any expired items, so the kit is ready to use when needed.

Please also be sure to consult your doctor if you have any questions or concerns.

Fran Kritz is a consumer and health policy reporter based in Jerusalem and Silver Spring, Md. For a decade she was the health reporter for the New York Jewish Week and is a frequent contributor to NPR.org.
Esther Bratt was one of the few Jews from her former home in Vilna (now Vilnius), Poland, to survive the Shoah.

When she arrived in New York in 1946, she received implicit advice: You are in a free country now. You are safe. You don't need to talk about the war.

So, Bratt didn't talk about the Shoah for many years. She didn't tell people about the Nazis stealing from her family and her neighbors before forcing them into the Vilna Ghetto. She didn't talk about the people taken out of the Ghetto and executed in nearby Ponary at an unfinished construction site.

And Bratt didn't talk about the winter coat and her father's quick thinking that saved her from certain death at the forced labor camp at Hakapeh.

But Bratt had long abandoned that advice by the time her granddaughter, Stacy Seltzer, was born. Both Bratt and her husband, Sidney, who also survived the Holocaust via the Kindertransport, have spoken publicly about their stories.

"If you have questions, you ask," Bratt told Seltzer. "And I will tell you."

When Seltzer asked her grandmother if she would share her story with #OurHolocaustStory, the Claims Conference’s social media campaign launched in April on Yom HaShoah, Bratt said yes.

Bratt, 94, told her family’s story of survival, which was released this summer on social media. Seltzer and two of Bratt’s eight great-grandchildren, Leah Lizawitz and Gabby Seltzer, joined Bratt and vowed to continue sharing Bratt’s story.

“Future generations need to know what happened,” said Seltzer, who is also a leader in a third-generation group, 3G Philly, a group made up largely of the grandchildren of Holocaust survivors in Philadelphia and across the Delaware Valley. “We don’t want anything like this to happen. We all need to work together to learn what hatred and intolerance can lead to.

“Also, I want to honor the families that did not survive,” said Seltzer.

The #OurHolocaustStory campaign features short videos of Holocaust survivors sharing personal testimonies of persecution and survival, the Claims Conference’s senior social media strategist, Eric Thomason, said.

During each video’s closing, family members make a commitment to tell their Holocaust survivor’s story, using the hashtag #PledgeToRemember, with the goal of ensuring that these stories will live on, even after the survivors themselves have passed away. Each shares a personal message of why they think it is important to share these stories and makes a simple request to viewers: “Join me and make a pledge to remember.”

“The aim of the campaign is to demonstrate the importance of passing on survivor testimonies and highlight the miracle of their survival,” Thomason said.

“The survivors — victims of one of the greatest crimes against humanity in the history of the world — didn’t only survive the Holocaust, they went on to live and impact the world. Most built families, families that produced families that would not exist if they had not survived,” he said.

The Claims Conference sought the assistance of 2G and 3G — the second and third generation of Holocaust survivors — groups to find families to participate in the social media campaign. The Claims Conference also reached out directly to survivors.

The stories are condensed down to two minutes, the limit for several social media channels, before being posted on TikTok, Instagram, Twitter, Facebook and YouTube.

To date, the team behind the campaign has recorded over 100 survivors with their families. A handful of members of the second and third generations of survivors have made videos in memory of their survivor. So far, the campaign’s videos have been viewed over 100,000 times since it launched.

David Wachs, the immediate past president of 3GNY, helped the Claims Conference promote an earlier social media campaign, #ItStartedWithWords, which aimed to show how hateful language can evolve into harmful actions with harrowing outcomes.

Continued on page 8
Introducing the Survivor’s Portal: Your Personalized Claims Conference’s Account

Experience the convenience of the Claims Conference’s latest innovation, the Survivor’s Portal. Designed exclusively for Holocaust Survivors, this remarkable website allows you to create an account with the Claims Conference where your personalized information will be available 24/7. This tool will transform the way you interact with us.

Access the Survivor’s Portal today at https://survivorsportal.claimscon.org/ or visit our website at https://www.claimscon.org/ to embark on this extraordinary journey.

Discover the Benefits of the Survivor’s Portal:

1. Effortlessly create your personal account with the Claims Conference.
2. Stay informed about the status of your claim, from applications to previous payments, all in one place.
4. Easily update your contact information or even your bank details.
5. Access personalized documents and information tailored to your needs.
6. Quickly download necessary forms.

Need assistance with the Portal? Call us at 646-536-9100 or send us an email at info@claimscon.org, and our team will be happy to help.

Register now for the Survivor’s Portal and embrace a future of accessible support designed with you in mind.
In a light-filled space that was once a Toronto Jewish High School library, an older man who survived the Shoah puts on virtual reality goggles that transport him to the European village where he grew up. He is able to “see” the streets, parks and buildings he once knew. Another participant might choose to go to Paris or, perhaps, the opera.

At Circle of Care’s Adult Day Program, virtual reality therapy is just one of the ways recreation therapists are engaging seniors with memory loss and frailty to find moments of connection, enrichment and enjoyment. There are also arts activities, interactive discussion groups, recreational sessions and many other things to do.

With the support of the Claims Conference, Holocaust survivors with dementia are able to attend the programs in person several times a week while living in their own homes. The Claims Conference is proud to partner with Circle of Care. Claims Conference funding enables survivors to participate in this meaningful program, adding comfort to those with dementia in these final years.

At the moment, there are nine survivors among the 40 to 50 daily participants with others still applying. Several of them speak Russian and Ukrainian. They are picked up at their homes and spend from 9:30 a.m. to 3:30 p.m. at the program.

“Our goal is to actively engage them and provide joy, happiness and purpose,” said Madeline D’Arpino, the supervisor of the Adult Day Care Program. Dr. Tanya Pikula, Circle of Care’s director of communications, added, “We are not letting them go off on the dementia journey alone.”

The Adult Day Program, which launched in December 2022, is situated on the Joseph and Wolf Lebovic Jewish Community Campus just outside of Toronto, a hub of Jewish life that includes a conference center, community center, café, Jewish day school and other facilities. The location enables the program to host intergenerational activities with school children, like holiday celebrations. Large glass windows enable clients to see the students playing outside and wave, a plus to many who attend the day program.

A team that includes social workers, therapeutic recreationists and program assistants shape the culture of this caring, healthy and safe environment. They are assisted by trained volunteers, many of whom are retired professionals who enjoy sharing their skills with the clients and listening to their stories.

With more than 7,000 square feet of space, the Adult Day Program’s spacious headquarters includes a kosher gourmet kitchen and outdoor garden court. Activities include art therapy, yoga, Tai Chi, meditation, baking, Zumba, active games like golf, gardening, trivia games and language lessons. A “gentleman’s club” holds regular card games. “We know not to interrupt the card games,” D’Arpino quipped.

ART AS THERAPY

With assistance and encouragement, clients are able to return to doing things they once enjoyed and that brings much happiness, she said. “Their creativity is amazing,” D’Arpino continued. “And our art therapists tap into that.” Recently, the art therapist gave the participants broccoli crowns to use as paint brushes. Some of their art, including tiles they designed, adorn the space as well as a recent exhibit at the Art Gallery of Ontario celebrating the 100th year anniversary of Mount Sinai Hospital.

SOUND TO BOOST MEMORY

In addition to the virtual reality therapy, the clients have use of a Luycnt Magic Table, which uses projection and sound to create activities for those seated around the table. The games can be played individually or with others. Some involve memory or identifying objects and are meant to boost memory.

Continued on page 11
Представляем портал пережившего Катастрофу: Ваша персональная учетная запись в Клеймс Конференс

Оцените удобство последнего нововведения Клеймс Конференс — портал пережившего Катастрофу. Этот замечательный веб-сайт, разработан специально для переживших Холокост, позволяет вам создать учетную запись в Клеймс Конференс, где ваша личная информация и специализированные услуги будут доступны круглосуточно и без выходных. Этот замечательный инструмент изменит ваше взаимодействие с нами.


Откройте для себя преимущества Пortal пережившего Катастрофу:
1. С легкостью создайте свою личную учетную запись в Клеймс Конференс.
2. Будьте в курсе статуса вашего заявления, от анкеты и до предыдущих платежей, все под рукой.
3. Удобное подтверждение нахождения в живых: Свидетельство о нахождении в живых или PANEEM.
4. Легко обновляйте свою контактную информацию или даже свои банковские реквизиты.
5. Доступ к личным документам и информации с учетом ваших потребностей.
6. Быстро скачивайте необходимые формы.

Нужна помощь с порталом? Позвоните нам по телефону 646-536-9100 или отправьте электронное письмо по адресу info@claimscon.org, и наша команда будет рада помочь.

Зарегистрируйтесь сейчас на портале пережившего Катастрофу и получите доступную поддержку, разработанную с учетом ваших пожеланий.

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**Announcement by the World Jewish Restitution Organization (WJRO) regarding the Lithuania Goodwill Foundation program**

**ATTENTION HOLOCAUST SURVIVORS AND FAMILY MEMBERS FROM LITHUANIA**

*Are you a Holocaust survivor or descendant that owned property in pre-war Lithuania?*

You may be eligible to receive a symbolic payment for your loss.

Lithuanian Jewish property owners or their heirs, who were excluded from previous restitution legislation in Lithuania, may be eligible for a one-time symbolic payment made by the Lithuanian Good Will Foundation on behalf of the Republic of Lithuania. The exact amount to be distributed to each individual can only be calculated when the total number of approved applicants has been determined.

For additional details, criteria, and application forms, please visit: [https://gvf.lt/en/application-for-one-time-payment/](https://gvf.lt/en/application-for-one-time-payment/).

Completed applications must be received by December 31st, 2023.

*Please note,* the Claims Conference and JRO are not involved in the implementation, administration, or application processing of these payments. You must contact the foundation directly for help or more information.

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**Вниманию переживших Холокост и членов их семей из Литвы**

Вы пережили Холокост и владели собственностью в предвоенной Литве или являетесь потомком таких людей?

Возможно вы имеете право на получение символической выплаты за потерю этой собственности

Владельцы собственности в Литве еврейского происхождения или их наследники, не подпадавшие под предыдущие законодательства о реституции в Литве, могут иметь право на получение одноразовой символической выплаты от Фонда Доброй Воли в Литве по поручению правительства Литвы. Точная сумма выплаты каждому отдельному заявителю будет рассчитана только после того, как будет известно точное количество заявлений, одобренных к оплате.


Пожалуйста имейте ввиду, Клеймс Конференс не участвует в обеспечении, администрировании этих выплат, а также в обработке заявлений на эти выплаты. Вам нужно связаться с Фондом напрямую для получения помощи или более детальной информации.
High-tech Therapy Tools Engage Survivors with Dementia in Toronto

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to be fun while at the same time promoting cognitive stimulation, enhancing hand-eye coordination and enabling social interaction. The staff finds that as all of this is happening, the participants are laughing and having much fun together.

The Adult Day Program is participating in research with a local professor from the University of Toronto using videos together with a reclining bicycle to simulate travel in order to encourage physical exercise, D’Arpino said. Clients love the videos of places all over the world and as a result bicycle much longer, she said. Dr. Mark Chignell’s hypothesis: to keep clients engaged and stimulated thereby potentially reducing or delaying the effects of memory loss. “You can be on the Amalfi Coast by the water and be relaxed and soothed by that experience,” D’Arpino said.

IMPROVING ACCESS TO KEEP SURVIVORS AT HOME

Circle of Care is gearing up to expand the Adult Day Program, adding additional services that might be otherwise challenging for the clients to access, like bathing with staff members they know, a podiatrist, hairdresser, massage therapists and physiotherapy specialist.

“ ‘The most important thing we are doing is providing a joyful day and avoiding institutionalization,’ D’Arpino said. “Our clients are able to stay home, in the community, much longer because of programs like ours. We also provide much-needed respite to the caregivers. Many families say that we are their lifeline.”

D’Arpino, who worked at one of Canada’s leading Jewish hospitals as a nurse, has been in health care for more than 40 years, the last 13 at Circle of Care. She speaks of her Irish roots and what her Jewish clients have told her: “I’m Irish by birth, Italian by marriage and Jewish by assimilation.”

With her sunny attitude, she makes a point of approaching each person and engaging them in conversation.

“We care deeply about the relationships we form. The respect we have for our clients and families is the cornerstone of our practice each and every day and is nurtured through the program,” she said.

SURVIVORS FROM ROMANIA

Every Jewish Holocaust survivor from Romania is entitled to a PENSION. If you are a Romanian Holocaust survivor and not receiving a pension, please contact the Claims Conference.

ALL HOLOCAUST SURVIVORS

Every Holocaust survivor is entitled to a payment in 2023. If you did not receive a payment (one-time or pension) from the Claims Conference or German or Austrian governments, please contact the Claims Conference.

ПЕРЕЖИВШИЕ ХОЛОКОСТ В РУМЫНИИ

Каждый человек еврейского происхождения, переживший Холокост в Румынии, имеет право на пенсию. Если вы пережили Холокост в Румынии и не получаете пенсию, пожалуйста свяжитесь с Клеймс Конференс.

ВСЕПЕРЕЖИВШИЕХОЛОКОСТ

Каждый переживший Холокост имеет право на выплату в 2023 году. Если вы не получили выплату (одноразовую или пенсию) от Клеймс Конференс или правительств Германии или Австрии, пожалуйста свяжитесь с Клеймс Конференс. Claims Conference.
ATTENTION HOLOCAUST SURVIVORS

If you are a Holocaust survivor who has not received any compensation payment (either from the Claims Conference or German or Austrian governments), please call us immediately. You may be entitled.

The Claims Conference has negotiated the following liberalizations of criteria to compensation funds with the German government.

**HARDSHIP FUND – SUPPLEMENTAL PAYMENT**

Jewish Nazi victims eligible for the Hardship Fund have been approved for annual Supplemental Payments of approximately €1,200 in 2023 through 2027. If you already received a Hardship Fund Supplemental Payment (meaning payments of €1,200 in 2023), you will only need to provide Proof of Life (via Panexem) to the Claims Conference in 2024. If you have not received this payment in 2023 (and are not receiving a pension), please contact us. Holocaust survivors who were previously ineligible to receive the Supplemental Hardship Fund payments because they received one-time German government payments (for example from Länderhärtefonds) are now eligible to apply for the supplemental payment.

Survivors who receive a German or Austrian pension for persecution during the Holocaust (BEG, Article 2 Fund, Regional Specific Program (RSP), Austrian Victims Pension (Opferausweis)) are not eligible to receive the Hardship Supplemental Fund Payment.

**NEWLY APPROVED OPEN GHETTOS:**

Jewish Holocaust survivors who were persecuted in the open ghettos identified below, for at least three months, may be eligible for a monthly pension from the Article 2 or CEE Fund:

- In Bulgaria, survivors persecuted in Dobrich, Kazanluk, Kârdžhi, Lovech, Nervrokop (a.k.a. Gotse Delchev), Nikopol, Plovdiv, Popovo, Preslav, Provadiya, Targovishte, and Yambol (Jambol), between September 1942 and September 1944.

In addition, all pension recipients who were in one of the open ghettos in Romania or Bulgaria named above and born after January 1, 1928, may be entitled to a one-time payment from the Child Survivor Fund administered by the Claims Conference.

Note: Jewish Nazi victims from these open ghettos in Romania and Bulgaria may also be entitled to a pension from the ZRBG (Ghetto Pension). This pension is not administered by the Claims Conference. Please contact a German embassy or consulate near you or [https://www.germany.info/us-en/service/07-Pension/ghetto-financial-compensation/920638](https://www.germany.info/us-en/service/07-Pension/ghetto-financial-compensation/920638)

**CHILD SURVIVOR FUND**

In addition to the other eligible applicants listed above, the Child Survivor Fund may also provide a one-time payment to those who are among the One Thousand Children amounting to €2,500 (approximately $2,500) per person. Approximately 1,400 children were forced to leave their parents behind when they were rescued from Nazi Germany and Nazi-occupied countries and taken to the United States. Please contact us to learn the details of eligibility.

**PAYMENT TO SPOUSES OF DECEASED ARTICLE 2/CEE FUND BENEFICIARIES**

The Claims Conference will provide payments to eligible spouses of deceased recipients of the Article 2, Central and Eastern European (CEE) Funds. A spouse of an Article 2/CEE Fund beneficiary may, upon the death of the Article 2/CEE Fund beneficiary, be entitled to receive payments for up to 9 months, paid in three quarterly installments, if the following conditions apply:

1. The spouse is alive at the date of the payment; and
2. The spouse was married to the Article 2/CEE Fund beneficiary at the time of death of the Article 2/CEE Fund beneficiary; and
3. The Article 2/CEE Fund recipient passed away at any point while he or she was receiving a payment from the program.

The spouse of a Holocaust survivor must be alive at the time of each payment. Other heirs, including children, are not entitled to receive any payment. To download an application from our website, please go to: www.claimscon.org/apply

The German government established a similar program for surviving spouses of monthly Holocaust compensation payments made under German Federal Indemnification Law, other German federal compensation laws or governmental programs, (sometimes referred to as Wiedergutmachung), for Holocaust survivors who passed away January 1st, 2020 or later. For more information, please check with the BADV or download the application from the BADV website at [https://www.badv.bund.de/DE/OffeneVermoegensfragen/Uebergangsleistungen/EhegattenNSOpfer/antrag.html](https://www.badv.bund.de/DE/OffeneVermoegensfragen/Uebergangsleistungen/EhegattenNSOpfer/antrag.html)

**REGION-SPECIFIC PERSECUTION (RSP) PENSION**

A pension program was created for survivors, who currently do not receive pensions who were, for at least three months in: (i) the Leningrad Siege (ii) persecuted in Romania or (iii) hiding in France. Income/Asset criteria of the Article 2/CEE Funds apply. Meeting the RSP persecution criteria shall entitle a survivor to a payment from the Child Survivor Fund if the age criteria (born in or after 1928) is met.

For more information, contact:

**CLAIMS CONFERENCE**

PO. Box 1215
New York, NY 10113
Tel: 646-536-9100
Email: info@claimscon.org
www.claimscon.org
ВНИМАНИЕ ПЕРЕЖИВШИХ ХОЛОКОСТ

Если вы пережили Холокост и не получили компенсацию ни от Клеймс Конференс, ни от правительств Германии и Австрии, то, пожалуйста, позвоните нам не откладывая - возможно вам полагается компенсация.

Клеймс Конференс добросовестного следования критериям для фондов компенсаций на переговорах с правительством Германии.

ДОПОЛНИТЕЛЬНАЯ ВЫПЛАТА ИЗ ФОНДА HARSHDIP FUND
Жертвы нацизма еврейского происхождения, которым полагается выплата из фонда HARSHDIP FUND, получат ежегодную дополнительную выплату в размере приблизительно €1,200 с 2023 по 2027 год. Если вы уже получили дополнительную выплату из фонда HARSHDIP FUND (имеется в виду выплата в размере €1,200 в течение 2023 года), то вам просто нужно будет предоставить Клеймс Конференс Подтверждение о нахождении в живых (через PANEEM) в 2024 году. Если вы не получили эту выплату в 2023 году (и не получаете пенсию), пожалуйста, свяжитесь с нами.

Пережившие Холокост, которые ранее не могли подавать заявление на дополнительную выплату из фонда HARSHDIP FUND в таком случае, смогут в прошлом одноразовую выплату от правительства Германии (например от компенсационных фондов федеральных земель Länderhärtefonds), теперь могут это сделать.

Пережившие Холокост, которые получают пенсию за преследование во время Холокоста от Германии и Австрии (БЕГ, Article 2 Fund, Regional Specific Program (RSP), Austrian Victims Pension (Opferausweis)), не вправе получать дополнительную выплату из фонда HARSHDIP FUND.

НЕДАВНО ПРИЗНАННЫЕ ОТКРЫТЫЕ ГЕТТО
Жертвы нацизма еврейского происхождения, которые подвергались преследованиям в открытых гетто, перечисленных ниже, не меньше трех месяцев, могут теперь претендовать на пенсию из фонда Article 2 или CEEF:

- Румыния: пережившие преследование в городах Бухарест, Аджуд, Белеш, Блага, Каракал, Думбровяны, Флэтен, Хартел, Лудуш, Медиаш, Налат-Ват, Оранта, Попья, Питеште, Сармашу, Сигишоара, Сюкеш, Такеши, Чанда, Цета-Нимц, Ция, Телю Серениад, Арад, Брацэла, Брашов, Бухуши, Коляна, Дева, Дорохой, Фёгети, Хуси, Илия, Лудуш, Плоешти, Поду Илоаи, Сибуя, Сучава, Тыргу-Фрумос, Тыргу-Муреш, Тыргу-Нямц, Текуч и Васлуи в промежутке между 2 и 15 августа 1944 года.

- Румыния: пережившие преследование в городах Брашов, Бухуши, Кэлэраши, Дева, Дорохой, Фёгети, Хуси, Илия, Лудуш, Плоешти, Поду Илоаи, Сибуя, Сучава, Тыргу-Фрумос, Тыргу-Муреш, Тыргу-Нямц, Текуч и Васлуи в промежутке между 2 и 15 августа 1944 года.

- Болгария: пережившие преследование в городах Добрич, Казанлык, Кырджали, Ловеч, Неврокоп (также Гоце-Делчев), Никополь, Пловдив, Пеняшева, Пловдив, Преслав, Тырговиште и Ямбол в промежутке между сентябрём 1942 и сентябрём 1944 года.

В дополнение, все получатели пенсии, которые подвергались преследованию в одном из вышеназванных открытых гетто Румынии и Болгарии, и которые родились после 1 января 1928 года, могут претендовать на одноразовую выплату из фонда Дети Холокоста, который находится в ведении Клеймс Конференс.


ФОНД ДЕТИ ХОЛОКОСТА
В дополнение к уже вышеперечисленным категориям, этот фонд может выплатить одноразовую компенсацию в размере €2,500 (приблизительно $2,500 на человека) тем, кто был среди “Тысячи Детей” (One Thousand Children). Приблизительно 1,400 детей были вынуждены покинуть своих родителей и перебраться в США. Их спасли из нацистской Германии и стран, оккупированных нацистской Германией. Пожалуйста, свяжитесь с нами, чтобы узнать подробности.

ВЫПЛАТЫ СУПРУГАМ УМЕРШИХ ПОЛУЧАТЕЛЕЙ ПЕНСИИ ИЗ ФОНДОВ ARTICLF 2/CEEF
Клеймс Конференс производит выплаты имеющим право на получение супругам умерших получателей пенсии из фондов Article 2 и Центрально-европейского фонда (CEEF).

Супруг/а получателя пенсии из фондов Article 2 и Центрально-европейского фонда (CEEF), после смерти получателя пенсии из фондов Article 2 и Центрально-европейского фонда (CEEF), может претендовать на дополнительную выплату в течение срока до 9 месяцев, выплачиваемых три раза поквартально, если:

1. Супруг/а был/а жив/а на момент получения выплаты и;
2. Супруг/а состоял/а в браке с получателем пенсии из фондов Article 2 и Центрально-европейского фонда (CEEF) на момент его/ее смерти; и
3. Получитель пенсий из фондов Article 2 и Центрально-европейского фонда (CEEF) умер в любой момент после получения пенсии из этих программ.

Супруг/а пережившего Холокост должен/на быть жив/а на момент получения каждой выплаты.

Другие наследники, включая детей, не имеют права на получение этих выплат.

Скачать заявление с нашей интернет страницы можно здесь: www.claimscon.org/applpy.

Правительство Германии начало похожую программу для супругов получателей ежемесячных компенсационных пенсий, выплачиваемых на основании федерального закона Германии о компенсациях (ниногда называемого также Wiedergutmachung), других немецких федеральных законов о компенсациях или правительственных программ - для переживших Холокост, которые умерли после 1го января 2020 года. Для получения более подробной информации свяжитесь, пожалуйста, с BADV или www.claimscon.org/apply.

ПЕНСИЯ ЖЕРТВАМ ОСОБО ЖЕСТКОГО ПРЕСЛЕДОВАНИЯ В ОТДЕЛЬНЫХ РЕГИОНАХ (RSP)
Эта новая программа выплаты пенсий предназначена для переживших Холокост людей, не получающих в настоящее время пенсию, но которые как минимум три месяца: (i) находились в Блокадном Ленинграде (ii) подвергались гонениям в Румынии или (iii) прятались во Франции. Ваш доход/личные активы должны соответствовать критерию (дата рождения после 1928 года включительно). Пожалуйста, свяжитесь с нами, чтобы узнать подробности.

Супруг/а, которые умерли после 1го января 2020 года, могут претендовать на получение пенсии из этих программ.

Супруг/а умершего получателя пенсии из фондов Article 2 и Центрально-европейского фонда (CEEF) могут претендовать на получение пенсии из этих программ.

Другие наследники, включая детей, не имеют права на получение этих выплат.

Скачать заявление с нашей интернет страницы можно здесь: www.claimscon.org/apply.

Правительство Германии начало похожую программу для супругов получателей ежемесячных компенсационных пенсий, выплачиваемых на основании федерального закона Германии о компенсациях (ниногда называемого также Wiedergutmachung), других немецких федеральных законов о компенсациях или правительственных программ - для переживших Холокост, которые умерли после 1го января 2020 года. Для получения более подробной информации свяжитесь, пожалуйста, с BADV или www.claimscon.org/apply.

ПЕНСИЯ ЖЕРТВАМ ОСОБО ЖЕСТКОГО ПРЕСЛЕДОВАНИЯ ВО ВСЕХ РЕГИОНАХ (RSP)
Этот фонд предназначен для переживших Холокост людей, не получающих в настоящее время пенсию, но которые как минимум три месяца: (i) находились в Блокадном Ленинграде (ii) подвергались гонениям в Румынии или (iii) прятались во Франции. Ваш доход/личные активы должны соответствовать критерию (дата рождения после 1928 года включительно). Пожалуйста, свяжитесь с нами, чтобы узнать подробности.
If you are a Holocaust Survivor who needs help, please call one of the numbers below.

UNITED STATES

ARIZONA
Jewish Family & Children’s Services of Southern Arizona
Tucson (520) 795-0300

CALIFORNIA
Jewish Family & Community Services of East Bay
Berkeley (510) 704-7475 ext. 275

Jewish Family and Children’s Service
Long Beach (562) 427-7916

Jewish Family Service
Los Angeles Location-based
San Fernando Valley (818) 984-1380

West Hollywood (323) 851-8202

City of Los Angeles (323) 937-5900

Jewish Family Services of Silicon Valley
Los Gatos (408) 556-0600

Jewish Family Service
San Diego (858) 637-3210

Jewish Family and Children’s Services
San Francisco (415) 449-3700

COLORADO
Jewish Family Service of Colorado
Denver (303) 597-5000

CONNECTICUT
Jewish Family Services of Greater Hartford
West Hartford (860) 236-1927

FLORIDA
Ruth & Norman Rales Jewish Family Services
Boca Raton (561) 852-3333

Gulf Coast Jewish Family & Community Services
Clearwater (727) 479-1800

Jewish Family & Community Services
Jacksonville (904) 448-1933

Jewish Community Services of South Florida
Miami (305) 576-6550

Goodman Jewish Family Services of Broward County
Plantation (954) 909-0800

Ferd & Gladys Alpert Jewish Family & Children’s Service
West Palm Beach (561) 684-1991

GEORGIA
Jewish Family and Career Services
Atlanta (770) 677-9300

ILLINOIS
Jewish United Fund of Metropolitan Chicago
Chicago (773) 508-1004

INDIANA
Jewish Federation of Greater Indianapolis
Indianapolis (317) 536-1476

MARYLAND
Jewish Community Services
Baltimore (301) 816-2657

Jewish Social Service Agency
Rockville (301) 838-4200

MASSACHUSETTS
Jewish Family and Children’s Service of Greater Boston
Waltham (781) 647-5327

MICHIGAN
Jewish Family Service of Metropolitan Detroit
Detroit (248) 592-2313

MINNESOTA
Jewish Family and Children’s Service
Minneapolis (952) 546-0616

NEW JERSEY
Jewish Family & Children’s Service of Monmouth County
Asbury Park (732) 774-6886

Jewish Family Service of Central New Jersey
Elizabeth (908) 352-8375

Jewish Family Services of Metrowest
Florham Park (973) 765-9050

Jewish Family and Children’s Service of Ocean County
Margate City (609) 822-1108

Jewish Family & Vocational Service of Middlesex County
North Brunswick (732) 777-1940

Jewish Family Service of Greater Mercer County
Princeton (609) 987-8100

Jewish Family Service of Somerset, Hunterdon & Warren Counties
Somerville (908) 725-7799

Jewish Family & Children’s Services of Northern New Jersey
Teaneck (201) 837-9090

NEVADA
Jewish Family Service Agency
Las Vegas (702) 732-0304

NEW YORK
Edith and Carl Marks Jewish Community House of Bensonhurst
Brooklyn (718) 331-6800

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If you are a Holocaust Survivor who needs help, please call one of the numbers below.

Each agency listed below is funded by the Claims Conference to help support a designated Holocaust Survivor Assistance Program. If you know a survivor who needs aid or if you would like to volunteer to help a survivor, please contact any of the agencies below. For a full list of Claims Conference funded agencies, please refer to the website at https://www.claimscon.org/survivor-services/helpcenters/

Guardians of the Sick / Bikur Cholim Hesed Organization
Brooklyn (718) 438-2020

Jewish Community Council of Greater Coney Island
Brooklyn (718) 449-5000

United Jewish Organizations of Williamsburg
Brooklyn (718) 643-9700

The Marion and Aaron Gural JCC
Cedarhurst (516) 569-6733

Selfhelp Community Services
Manhattan (212) 971-5475
Queens (718) 268-1252
Brooklyn (718) 646-7500
Washington Heights and Bronx (212) 781-7200
Nassau County (516) 481-1865

Bikur Cholim of Rockland County
Monsey (845) 425-7877

Community Improvement Council
New Square (845) 354-4100

Rockland Jewish Family Service
West Nyack (845) 354-2121

Westchester Jewish Community Services
White Plains (914) 761-0600

OHIO
Jewish Family Service of Greater Cincinnati
Cincinnati (513) 469-1188

Jewish Family Service Association
Cleveland (216) 292-3999 or (216) 504-2600

Jewish Family Services
Columbus (614) 559-0379

OREGON
Jewish Family and Child Service
Portland (503) 226-7079

Pennsylvania
Jewish Family and Children’s Service of Greater Philadelphia
Philadelphia (866) 532-7669

Jewish Family and Community Services
Pittsburgh (412) 422-7200

TEXAS
Jewish Family Service of Greater Dallas
Dallas (972) 437-9950

Jewish Family Service of Houston
Houston (713) 667-9336

Washington
Jewish Family Service
Seattle (206) 461-3240

WISCONSIN
Jewish Family Service
Milwaukee (414) 390-5800

ADDITIONAL RESOURCE
The Blue Card (212) 239-2251

Canada
Jewish Family Service
Calgary (403) 287-3510

Jewish Family Services
Edmonton (780) 454-1194

Atlantic Jewish Counsel
Halifax (902) 422-7491 ext. 226

Hamilton Jewish Family Services
Hamilton (905) 627-9922 ext. 26

Cummings Jewish Centre for Seniors
Montreal (514) 343-3514

Jewish Family Services of Ottawa
Ottawa (613) 722-2225 x 311 or 313

Circle of Care
Toronto (416) 635-2860

Jewish Family & Child Service
Toronto (416) 638-7800

Jewish Family Services
Vancouver (604) 558-5719

Jewish Family Services
Vancouver Island (778) 405-3300

The Windsor Jewish Federation and Community Centre
Windsor (519) 973-1772 ext. 225

Jewish Family & Child Service
Winnipeg (204) 477-7430

If you live in the United States or Canada outside the listed areas, please call the Claims Conference for assistance (646) 536-9100.

PO Box 1215 New York, NY 10113 | Email: info@claimscon.org | Web: www.claimscon.org | Facebook: /claimsconference | Phone: 646-536-9100

THE HEALTH AND WELLNESS NEWSLETTER OF THE CLAIMS CONFERENCE
The Claims Conference wants to be in touch with you during these challenging times. Inside L'Chaim, you will find important information in English and Russian including:

- A Letter from the Claims Conference Leadership
- A profile of an innovative Toronto-based program for people with dementia from Canadian Survivor
- A report on our new social media initiative, #OurHolocaustStory
- A profile of an innovative Toronto-based program for people with dementia
- An interview with Hannah Rosenbaum, deputy director for the Claims Conference’s Research, Education and Documentation (RED) department
- Information on compensation payments, and special information for survivors from Lithuania and Romania
- A guide to our new tool, Paneem, and the Survivor Portal
- Contact information for our partner agencies around North America
- A guide to our new look, Panorama, and the Survivor Portal
- Timely health tips

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